



Self-EMPOWERMENT[©]

GROUP PROGRAM

Getting What You Want from Life

You will learn how to...

- Increase self-esteem and personal success.
- Accept and expect accountability for results
- Discover the power of positive self-talk.
- Resolve conflicts and diffuse emotional reactions.
- Improve your interpersonal and management skills.
- Devise your own development plan to help you get what you want from life!

How to get started...

1. Groups and Districts can register by downloading Foundation registration forms found at www.fwifoundation.org
2. Purchase participant kits for \$15.00 per attendee, which include a copy of the Self-Empowerment book and handouts for each enrolled participant, along with one (1) Leader's Guide and one (1) PowerPoint Presentation for the facilitator.

Program Format

- Interactive Seminar and Workshop
- Presentation can be facilitated by Group or District Leaders
- Individual and group exercises
- Crisp book included in the affordable program fee



Target Audience

- Leaders and Managers who want to excel at what they do.
- Tool to motivate employees and co-workers to create a team atmosphere by understanding what makes them thrive!

Foundation Mission

**OVER 30 YEARS OF EDUCATING WOMEN
 IN THE FINANCIAL SERVICES INDUSTRY**

CREATED IN 1973 TO SERVE AS THE EDUCATIONAL ARM OF FINANCIAL WOMEN INTERNATIONAL, THE FWI FOUNDATION IS DEDICATED TO THE ADVANCEMENT OF FINANCIAL SERVICES INDUSTRY PROFESSIONALS, BY PROVIDING TOOLS, RESOURCES AND OPPORTUNITIES THAT WILL BENEFIT THE INDIVIDUAL, THE INDUSTRY AND THE COMMUNITY AT LARGE. THE FWI FOUNDATION IS A NONPROFIT, 501(C)(3) CORPORATION, GOVERNED BY A BOARD OF NINE TRUSTEES. DONATIONS TO THE FOUNDATION MAY BE TAX-DEDUCTIBLE.

**FOR MORE INFORMATION, PLEASE VISIT US ON THE WEB AT
www.fwifoundation.org OR CONTACT US AT
info@fwifoundation.org OR (651) 487-7632**

About FWI

**BECOME A MEMBER OF THE PREMIER
 ORGANIZATION FOR FINANCIAL EXECUTIVES**

FINANCIAL WOMEN INTERNATIONAL, INC. WAS FOUNDED IN 1921 AS THE NATIONAL ASSOCIATION OF BANK WOMEN, AND IS ONE OF THE LARGEST AND OLDEST INDIVIDUAL MEMBERSHIP ORGANIZATIONS OF WOMEN FINANCIAL EXECUTIVES. FWI'S MISSION IS TO HELP WOMEN IN THE FINANCIAL SERVICES INDUSTRY BE SUCCESSFUL IN THEIR CAREERS.

FOR MEMBERSHIP INFORMATION, PLEASE VISIT www.fwi.org